





## Course Handbook















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#### Introduction

According to the 2017 edition of the OECD report "Missing Entrepreneurs", people in disadvantaged groups in the EU are still less likely to be involved in business creation and self-employment activities than the mainstream population. The report emphasizes "the need to continue to encourage and support entrepreneurship" and recommends "supporting these groups with entrepreneurship training, coaching and mentoring". There is a lack of provision in existence to support disadvantaged individuals into entrepreneurship and self-employment.

The Erasmus+ Strategic Partnership for Adult Education project "ACCESS ENTERPRISE" seeks to **develop strategies across member states in order to support marginalised groups to access business and self-employment opportunities**, and help adult educators and business support practitioners develop new and existing skills and participate fully in society.

The project ACCESS ENTERPRISE is coordinated by Merseyside Expanding Horizons (**United Kingdom - UK**) with project partners from **Spain** (Formacion para el disarrollo e insercion, sociedad limitada), **Portugal** (Aproximar-cooperativa de solidariedade social), **Lithuania** (SIF -Socialiniu Inovaciju Fondas), **Greece** (Athens Lifelong Learning institute eastiki mi kerdoskopiki etairia) and **Romania** (Centru Pentru Promovarea Invatarii Permanente Timisoara Asociatia).

The project's results are the following three intellectual outputs (IO):



**IO1** 'State of Art' review on Entrepreneurship support for marginalised groups



**IO2** Training Modules and Resources for Business Advisers / Coaches working with people from marginalised groups



IO3 Impact and Assessment, Positional Analysis and Sustainability Report

The target groups that will benefit from the project are:



Professionals: Trainers and Enterprise coaches, supporting the above groups



People who are disadvantaged based on gender, disability, race, ethnicity, origin, religion



Individuals who are excluded from the labour-market

















The results of **IO1** the 'State of Art' review on Entrepreneurship support for marginalised groups showed the need for tailored and person centered training and support packaged for people from marginalised groups.

The partnership developed the framework for this package by collecting information through IO1 - State of Art' review on Entrepreneurship support for marginalised groups: the best practice examples, the economic growth sectors in each partner country, best practice business planning tools and resources, findings from the focus groups with people from marginalised groups and consultation with existing entrepreneurs and generate the conclusions contained in the last part of IO1.

The package – **IO2** - **Training Modules and Resources for Business Advisers / Coaches working with people from marginalised groups** was created using a co-production model, where professionals and people from marginalised groups' views are treated equally in the design, development, piloting, and evaluations of the intellectual outputs.

**IO2 includes the five developed modules** that were tested during piloting according to the plan with clear goals, time frames, challenges, and feedback. These modules are designed for Business Advisors/ Business Coaches as well as Entrepreneurs but with a different approach: for Business Advisors/ Business Coaches it looks more as a training and session plan, for Entrepreneurs, it is more about the journey of the entrepreneur and one to one sessions.

At the end of the development of training modules and resources, the partnership have developed, tested, and evaluated a scheme of work which up skills, empower, and enables existed Business Advisers and Coaches to provide an effective enterprise support package to people from different marginalised groups.

This document presents the first of five modules contained within IO2: the **Module 1** - a **Course Handbook** detailing how to set up entrepreneur education for different marginalised groups, different training methods and strategies which are effective in working with people from marginalised groups and case studies from pilots of entrepreneur education taken from both best practice examples contained within IO1 and those generated by the partnership as part of the piloting activity.

The Course Handbook is designed for Business Advisors/Coaches and for Entrepreneurs to be able to implement Access Enterprise - to understand that the main outcome about the project and Access Enterprise methodology is not to create a business, but to aware people from vulnerable groups about being entrepreneurs in their own life and pathways they can choose for a better life.

















#### 1 How to use the Modules

Training modules and resources are covered the following themes that agreed during the European Training for Business Adviser/Coaches (C1):



Every module is uploaded to the partners' libraries-archives and on the project website in electronic format.

#### 1.1 Module 1 - a Course Handbook



The **Course Handbook** elaborates on learning through all modules. It informs and helps in the most significant aspects of the organizing the training process based on the principle of Co-production methodology: on how to conduct a training workshop including a model training plan, methods and

techniques, case study, training, and support methodologies. This Module is used as Selfdirected learning and discussed during face to face sessions.

The Course Handbook consists of following chapters:

• Introduction;

















- How to use the Modules:
- A model Training course for Business Advisors;
- Training methods suitable for support entrepreneurs from marginalised groups;
- A model training course for Entrepreneurs;
- Support methods for people from marginalised groups;
- Evaluation and validation of learning.

The Course Handbook gives an overview on the chapters above. The steps to be taken in this process:

- To analise the principles of Co-production methodology as well as methods and techniques, case study, training, and support methodologies before the training;
- To gain online necessary knowledge described in every module before face to face training
- To choose a time interval between training sessions. This allows practice and discussion throughout the face to face training process;
- To carry out activities according the training plan of every module;
- To get feedback from testing group.

#### 1.2 Modules 2 - Getting to know the entrepreneur



This module is addressed to Business Advisers/Coaches to help them to understand the profile of the entrepreneur in terms of skills and background as well as to learn Business Advisers/Coaches how knowing the entrepreneurs will support them to implement Access Enterprise methodology. Also this module is addressed to Entrepreneurs to introduce

them with training material and practice that are used during piloting.

This module includes the following topics:

- Background findings of IO1;
- Ladder of Participation;
- Co-production;
- Getting to know an entrepreneur;
- Getting to know a business coach;
- Circles of Support.

















#### **Background findings of IO1**

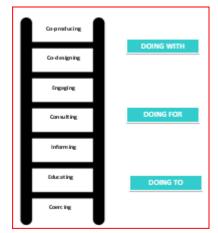
### Why it is important to know the entrepreneur? Key finding from IO1 'State of Art' review on Entrepreneurship support



Use online the description of this topic presenting the main findings identified in the State of Art's review on Entrepreneurship support by pointing out the profile of entrepreneurs from marginalized groups, as it resulted from the research undertook in each partner's country. It helps you to understand the profile of the entrepreneur in terms of skills and background but also to learn how knowing the

entrepreneurs will support them to implement Access Enterprise methodology.

#### Ladder of Participation



Objective: to identify key questions about pilot implementation. Explain the approach of the project, in order to reach the last step of the ladder. Use the template Armsteins Ladder of Participation and Armsteins Ladder of Exercise Sheet **Participation** for practical work. Participants should think about their experiences and provide examples for each step: doing with? doing for what? Doing it for who? - and answering the questions: Where does it fit on the Participation Ladder? What results have you achieved? How did you achieve better results? This exercise provides a model to help

practitioners consider where they are in their journey towards working with individuals in a co-productive way. It uses Armsteins Ladder of Participation to encourage reflection on personal practice and to highlight how working co-productively may mean getting a better outcome.

#### **Co-production**



Use online the description of this topic. Business Advisors knowing the entrepreneurs support them to implement Access Enterprise methodology. Start with an exercise that will challenge participants to consider the definition and key values of co-

production. They will learn what is meant by key terms such as mutuality and reciprocity and be able clearly to describe key principles of co-production. Hand out of definition and principles, flip chart paper and pens for practical exercises. In two groups (three persons

















in each) using the definition provided examine a *key principle of co-production*, come up with a definition for that principle and an example of how it could be manifested in the piloting of Access Enterprise. Sum up by getting feedback: draw out key points and ensure definitions are mutually agreed and understood.

#### Getting to know an Entrepreneur



Ask your participants to either individually or in groups outline an individual to present the profile: draw the persona and then give it a name, age and business idea. Participants should elaborate their attitudes, expectations for the future, values and passions, skills, challenges, their main actions for success and capacities relevant to the business environment

#### Getting to know a business coach;

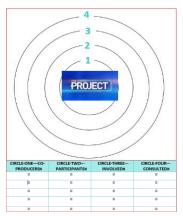


Ask your participants to either individually or in groups outline an individual. This exercise enables and empower them to discuss freely business needs, challenges and solutions using a character rather than themselves as well as it provides an insight the level of understanding the

business coach has to the needs of the entrepreneurs they support, what each Business Coach feels is necessary to support an entrepreneur.

Debate the differences and similarities between the exercises for Entrepreneurs and Business Coaches.

#### Circles of Support



Use the template *Co-production circles of support for practical exercise*. It helps to understand who are the key actors to support the target group (Business Advisors and Entrepreneurs).

List, in the given sheet, actors that each of the participants to the territory within four circles (the more external, the further away).

'Co-producers' relates to all stakeholders who are responsible for the outcome and give their time, skills and expertise.

'Participants' relates to those who will receive the benefit of the service or help deliver it but who do not initially develop it; these people may become co-producers as time progresses.

















'Involved' relates to those who may need to be informed about your service and who may wish to give feedback for example commissioners or managers but who are not actively participating or co-producing it.

'Consulted' relates to stakeholders whose opinions you wish to take account of but who are not actively receiving the service or benefit from the service.

#### 1.3 Module 3 - Put Idea into Reality



This module is focusing on soft skills and training Business Advisors on how to support entrepreneurs having an idea and to help them know the reality of their business.

This module includes four topics:

- Dealing with failure;
- Conflict situations;
- Peer stories;
- Use past experiences to develop an idea.

#### Dealing with failure



Use online the material on this topic: *Dealing with Failure. The case of a failing relationship between a business advisor and a (potential) entrepreneur* with the aim to identify and recognize the common

emotions after failure, to understand how to deal with failure, to use fundamental steps to recover from failure, to understand the common factors that can lead to a failing relationship between a business advisor and an entrepreneur.

Use the *Presentation Dealing Failure* in power point during face to face sessions where four themes are presented: what is a failure and the fear of failure, learning from failure, important steps for the recovery process, and dealing with a failing relationship.

Tools for three themes are prepared:

• Use the template *Personality, capabilities and interests* to do a self-analysis and select the ones he/she relates to and to write the business entrepreneurship areas he/she is interested in. It can help the entrepreneur to make a critical analysis of himself/herself, knowing his/her capabilities and identifying his/her business interests. It also can help the entrepreneur understand that the failure doesn't necessarily has to do with his/her personal capabilities, reminding himself/herself in the of that and re-establishing the motivational feelings.

















- Use the template *Expectations &Fears* where entrepreneur has to write her/his expectations and fears on the business project. Guide them separating the fears by dimensions as financial security, ability to finance a venture, personal ability, potential of the ideal, venture's ability to execute, threats to social esteem, opportunity costs.
- Use the templates *Causal Factor Tree* that helps the Business advisors /entrepreneur through an analysis of multiple scenarios and causes (identifying the failure and its causes) to better understand what went wrong or can go wrong. The template *Journey Map* helps the entrepreneur to know which are the next steps he/she needs to take, to try again, having learning from his/her mistakes.
- Use the exercise *Activity Personal Flag*, using the sheets and colour pencil, in order to make their own personal flag answering six questions with a small drawing, symbol, word or short sentences:
  - What is your biggest individual success?
  - What would you like to change about yourself?
  - Who is the person you have the most admiration for?
  - \_What is your greatest talent?
  - What do you most appreciate in life?
  - What are the biggest difficulties and difficulties of working in a team / or with your consultant?

Ask each one to present and share the result, highlighting what he found most interesting in each flag and what he found out about himself and the group.

#### **Conflict situations**



Use online the material on this topic that consists of themes: *Some facts about conflict, the Causes of Conflict in an Advisory Relationship, the Outcomes of Conflict, Conflict management-and Conflict resolution stages, Techniques to overcome conflict situations, Skills to overcome conflict situations, to recognize and use* 

strategies to overcome conflict situations.

Use the presentation in power point about conflict and to work with it during face to face session.

Use the Tool Colours & Feelings for practical exercises during face to face session. Ask everyone to express the colour of the emotion they are feeling, and to present the chosen card explaining what that colour represents. If some participant shows a negative emotion, all other participants must offer a positive emotion - through a colour that conveys a good feeling by selecting a card

















#### Peer stories

Ask participants to study theoretical material and peer stories at home. Stimulate their curiosity by success stories. Use two real peer stories - *Tool-Newspaper Peer-Stories*.

During face to face meeting, discuss on how the stories are successful. Use the questions to keep the discussion going on. What are the challenges they encounter? How did they deal with the problems?



Create own success stories with Business Advisors/Entrepreneurs, using the developed the *Tool- Create own story*.

#### Use past experiences to develop an idea

Use of the past exercises (Journey Map) and guide the entrepreneur to develop further his/her idea and make it a reality.

Use the *Tool Life storyboard* that allows the participants to draw/write the different steps of his life, important moments, and always in chronological order. Guide the entrepreneur to complete the Life storyboard of his/her business or about his journey in relation to business creation.

#### 1.4 Module 4 - Business planning tools



This module is introducing the LEAN plan (constraints and conditions), the analysis of components and implementation, understanding the process, from theoretical to practical, steps, empower entrepreneurs on why they should have a plan and take the next step.

This module includes following topics:

- Why is necessary to plan a business;
- Why the Lean Plan & Moving from Theory to Practice;
- Other tools;
- Reviews and Reflections:
- Supporting the Entrepreneur to move forward;
- References and Further Reading

















#### Why is necessary to plan a business?



Use online the description of this topic to understand what a business plan is and a need for a business plan. Discuss during face to face meeting.

#### Why the Lean Plan & Moving from Theory to Practice

Use online the description of the topic *Why the Lean Plan* where seven themes are presented: *The theoretical background of the Lean Plan; The Business Model Canvas; Why Lean plan? What does the Lean plan include? What are the five key principles of the Lean plan? Lean plan as a 4 step process; Template of a Lean Plan.* 

Use the material on the topic *How to implement the Lean Plan* with some useful tips that potential entrepreneurs can follow in order to create a lean business plan so that can add value to their planning process and eliminate any kind or risks from the very beginning:

Follow the Lesson Plan for practical exercises:

Use the presentation in power point about what the Lean Plan is and about the process of the Lean Plan, during face to face session to deepen the knowledge on this theme. Use the template *Lean Plan* for practical exercise that helps the entrepreneur to answer the basic questions of how he/she should draft a business plan and how he/she must do it.



Use the presentation in power point about what the five key principles of the Lean Plan during face to face session to deepen the knowledge on this theme and use the template Five key principles of the Lean Plan for practical exercise with a list of five questions whose answers will correspond to one of each of the five principles of the Lean Plan that helps the entrepreneurs to depict both the

customers' expectations and the entrepreneurs' capabilities.

Use the presentation in power point about *the Lean Plan as a 4-step process* during face to face session to deepen the knowledge on this theme. Use the *Tool the Lean Plan as a 4-step process* for practical exercise that helps entrepreneurs to test and revise his/her plan and identify any corrective actions that need to be met.



#### Other Tools

Use the presentation in power point about The Five Competitive Forces that drive competition and can affect a company's ability to serve its customers and make profits.

















Use the *Template of the five forces' model* for practical work where entrepreneurs have to fill in the threats that may affect his/her business idea. Through the analysis of the five competitive forces, the entrepreneurs will be able to reflect upon the influence of the external environment to his/her business idea. The practical application of the five forces frameworks entails the existence of certain challenges that entrepreneurs need to confront in order to avoid misapplications of the framework.



Present the *Tool the Lean Canvas Business Model* that focuses on problems, solutions, key metrics and competitive advantages.

Use the *Template of the Lean Canvas Business Model* for practical work. Entrepreneurs have to fill it by topics in the nine building blocks.

#### **Reviews and Reflections**



Pinpoint the expectations of entrepreneurs from their business advisors identifying of the most efficient business plan.

Use the Template: *create your own ideal business advisory relationship*. Ask entrepreneurs identify their own ideal business advisory relationship answering:

- What will be the greatest challenge as a business advisor to potential entrepreneurs?
- How will the combination of teaching applicable business models and assignment development can lead to a successful business advising?
- What special information should potential entrepreneurs seek to obtain about their future business advisors?

#### Supporting the Entrepreneur to move forward

Use online the description of this topic that focuses on the steps which an entrepreneur should take to move forward in developing his business, once the business plan is set up.

Use the power point presentation on How can you develop your business, by applying a positioning strategy and on Steps to product Positioning. Discuss

these themes with participants.

Use the *Marketing strategy business template* to help shape entrepreneur marketing strategy. It combines information on his

















target market and business with marketing tactics, to think strategically and create a plan of action.

#### 1.5 Module 5 - Step by Step Guide

The aim of the Step by Step guide is to provide Business Coaches/Advisers working with entrepreneurs from marginalised groups with the knowledge, insight and skills to practically use the Access Enterprise Methodology. The Access Enterprise method is



very flexible and pragmatic approach where, if you maintain the guiding principles, can be delivered in almost every setting with every learner, in groups or on a one to one basis.

This module is upload to the partners' libraries-archives on the project website in electronic format and used as the self-directed guide.

The Step by Step guide in the chapter *Access Enterprise Guiding Principles and Key Characteristics*, describes the *Mission*, a Flexible Approach, Peer Coaching/Mentoring, Target Groups and Organisations, Training Tips.

Follow the stages 1 to 4 in order to organize a high quality of the piloting:

#### Stage 1. Recruiting your coaches

Recruit, train and support the right coaches who understand the methodology and adhere to the values of it, with direct experience of business and some characteristics of effective business coaching as ability to form trusted relationships, a structured approach, self-awareness and self-evaluation: supporting and encouraging, results driven. Gain deeper knowledge on Experiential Learning – Learning by Doing.

#### Stage 2. Recruiting Entrepreneurs

Use the following steps in conjunction with the entrepreneurs' profile (module 2):

- Always remember ideas are common.
- Implementing an idea can be intimidating, but taking that first step forward is the most important thing you can do to get your idea off the ground.
- Analysing an idea is an important pre-step, but one of the biggest stumbling blocks people face is the temptation to over-analyse in an attempt to solve for every potential problem they might face.
- A willingness to share, to receive feedback, to learn from others is an essential trait of an entrepreneur.

















 Passion and enthusiasm, combined with clarity of thought and innovative approaches to work.

#### Stage 3 Getting to know entrepreneurs and their Business Ideas

Match your coaches and entrepreneurs with each other. Get to know the entrepreneur (module 2), map and assess the entrepreneurs' qualities, experiences abilities and skills, as well as learning about that their business ideas are and their motivation for doing it.

Follow the detail description of the idea development and the tool which support the Coach - the Ideas Profile.

#### Stage 4 Access Enterprise Step by Step Guide

Step by Step Guide offers you the overall framework within which to work. You should be prepared to allow your entrepreneur to discover ideas and actions themselves supporting them from the stage to setting up a business "I have an idea" through to the final goal "I have started my new business".

There are 13 steps included on the Access Enterprise journey.

Follow the detail description of every stage.

















#### 2 A model Training course for Business Advisors



The training course for Business Advisers is designed according to the developed pilot plan adapted for each country.

It is very important for the success of the process, that the selection of the participants in the course is

appropriate to the level of the contents. For this, professionals who participate in the selection process must have a thorough knowledge of the characteristics of the future candidates to participate: educational level, career and work, family and social context, etc.

Thus, before starting the training course, Business Advisers have to be ready to fulfill the tasks to *support everyone to do their best thinking and practice*". To do this, the Business Advisers encourage full participation, promote mutual understanding and cultivates shared responsibility. By supporting everyone to do their best thinking, Business Advisers enable learners to search for inclusive solutions (Sam Kaner, 2007). Working as facilitator Business Advisers have to know the main principles of working with learners from which the success depends. In the training, accompaniment is important, not only in their qualities or professional skills but also in the efficient management of those conflicts or personal areas of improvement that may be hindering the process of change. The Business Adviser is encouraged to be creative and flexible in terms of the learner's needs.

To realise these requirements, a process for recruitment and selection of Business Advisers was needed. The trainers from Adult Education Centers, associations and NGO working in the sphere of entrepreneurship were recruited and selected through the Network or collaborating with mentioned institutions. Five Business Advisors were recruited in each partner country by interviewing or using CV.

## Business Advisors are trained on the Access Enterprise methodology – Co-production.



Co-production means delivering public services in an equal and reciprocal relationship between professionals, people using services. The target groups will contribute to the Access Enterprise project as equals.

The core principles of co-production:

1. Equality – co-production starts from the idea that no one group or person is more important than any other group or person. So everyone is equal and everyone has assets to bring to the process.

















- 2. Diversity diversity and inclusion are important values in co-production. This can be challenging but it is important that co-production projects are pro-active about diversity.
- 3. Accessibility access needs to be recognised as a fundamental principle of coproduction as the process needs to be accessible if everyone is going to take part on an equal basis. Accessibility is about ensuring that everyone has the same opportunity to take part in an activity fully, in a way that suits them best.
- 4. Reciprocity 'reciprocity' is a key concept in co-production. It has been defined as ensuring that people receive something back for putting something in and building on people's desire to feel needed and valued.

There are 6 key elements which are the foundation of using co-production principles:

- Taking an assets-based approach
- Building on people's existing capabilities
- Reciprocity and mutuality
- Peer support networks
- Blurring distinctions
- Facilitating rather than delivering.

An exercise on the ladder of participation is prepared on how it is used within Access Enterprise.

Ladder of Participation	What does this mean?	Type of commissioning
Co-producing	Doing with people Working together in an equal, give and take	This is co-producing commissioning
Co-designing	partnership	
Engaging	Doing for people Engaging and involving	This is commissioning co-producing  This is market
Consulting	people (asking for their views	
Informing	Doing to people Doing things to or for people without involving	
Educating	them or asking for their views	management/control

















**Train the Trainers** event will be for Business Advisors to be able to implement Access Enterprise, to understand the Access project methodology and the co-production model which stands at the base of this project idea.

Training is delivered, identifying what works and not, to be able to improve.

Train the Trainers event is meant to be an interactive one, engaging in the target group of the project. Piloting should happen accordingly with a plan with clear goals, a length of time: decide upon the testing group and the content, address challenges.

Format training is *Flip classroom* (see below) - contents before online and face-to-face after.

This event has the purpose to present to the Business Advisors/Coaches: the Course Handbook with the training Modules 2 to 4, Step by step Guide as well as to gather feedback for the IO3 impact.

Business Advisors/Business Coaches training looks more like a training and session plan.

At the end of the Train the Trainers event the participants should have clear in mind:

- Values & Principles;
- Co-production methods;
- Profiling of entrepreneur (what and how);
- Making the business a reality (understand and experience);
- Business planning tools (make sure they are familiar with and use them);
- Impact assessment tool.

















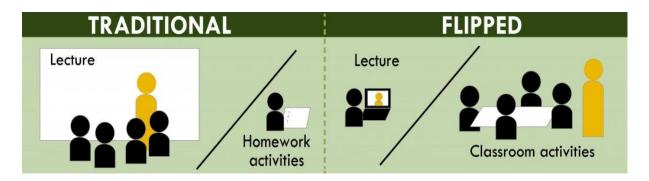
# 3 Training methods suitable for support entrepreneurs from marginalised groups

Teaching methods are the stimulation, guidance, direction and encouragement for the learning.

The coach is free to modify suggested timing and /or teaching methods that is considered useful in his opinion to enrich the training approach.

The *FLIP classroom* method is used by Business Advisors during the training course.

The Flipped classroom is a "pedagogical approach in which direct instruction moves from the group learning space to the individual learning space, and the resulting group space is transformed into a dynamic, interactive learning environment where the educator guides students as they apply concepts and engage creatively in the subject matter" (The Flipped Learning Network, 2014).



**A Flipped classroom** is a **type of blended learning** where students are introduced to content at home and practice working through it at school. This is the reverse of the more common practice of introducing new content at school, then assigning homework and projects to complete by the students independently at home.

The main goal of flipping a class is to cultivate more deeply engaged learning experiences for participants when the instructor is present to coach and guide them. Emphasis is on higher-order thinking skills and application to complex problems.

- Participants gain the necessary knowledge before face to face training. The
  materials reviewed prior to face to face training can take the form of recorded
  lectures, curated videos, reading assignments, video broadcasts any material
  that the instructor assigns as relevant to the topic at hand;
- Instructors guide participants to actively and interactively clarify and apply that knowledge during the face to face training.

#### Common activities include:

• Active learning. Allow participants to apply concepts in face to face training where they can ask peers or instructors for feedback and clarification.











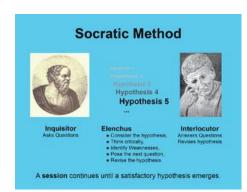






- Peer instruction. Participants can teach each other by explaining concepts or working on small problems.
- Collaborative learning. Collaborative learning activities could increase participant engagement, enhance participant understanding, and promote collective intelligence.
- Problem-based learning. The face to face training time can be spent working on problems that can last for online learning.
- Discussions or debate. Allow participants to articulate their thoughts on the spot and to develop their arguments in support of their opinions or claims.

**The Socratic Method** is named after Greek philosopher Socrates who taught students by



asking question after question. Socrates sought to expose contradictions in the students' thoughts and ideas to then guide them to solid, tenable conclusions. The principle underlying the Socratic Method is that students learn through the use of critical thinking, reasoning, and logic. This technique involves finding holes in their own theories and then patching them up. The modern Socratic method of teaching does not rely solely on learners' answers to a question. Instead, it

relies on a very particular set of questions that have been designed in a way that lead the learners to an idea. By using questions, the coach has the opportunity to get their learners involved and excited.



















Using the Socratic Method in the Access Enterprise training course, the coach should ask learners (for example):

- Read the information on the topic *Conflict Situations* within AE training course (Module 3);
- Come to face to face meeting to discuss this topic in the groups;
- Encourage the learners to begin thinking deeply about it through the development of their own questions;

















- Ask learners a series of *Socratic questions* as *Skills to overcome conflict situations* that expand understanding of the topic taking into account potential answers and further misconceptions. It encourages learners to examine those presumptions;
- In each group, finding answers to these questions will lead to a series of reasoning which, in turn, deepens learners understanding of the topic.

This process fulfills learning requirements and increases learners' ability to create connections between areas of core content, demonstrates how the resolution of the case can change greatly as well as creates an atmosphere where learners are truly learning.

*Background reading* is reading of related works to get contextual information on a topic.

The **PPT presentations** help the coach to run smoothly face-to-face training sessions. The



coach is free to modify the PPTs. All the presentations cover the critical areas in each theme, giving participants a good overview of the core content and providing references to the material for further reading for the next online session, also the suggested exercises for work during the face to face session with the learners on deepening their knowledge on the topic.

*Interactive teaching* is a means of instructing whereby the trainers actively involve the learners in their learning process by way of regular trainer-learner interaction, learner-learner interaction, use of audio-visuals, and hands-on demonstrations. The learners are constantly encouraged to be active participants.

Interactive teaching styles are designed around a simple principle: without practical application, learners often fail to comprehend the depths of the study material. Interactive teaching is also beneficial for the teacher in several ways, including:

- Measurable learner's accomplishments: Trainers making use of interactive teaching styles are better equipped to assess how well students master a given subject material.
- Flexibility in teaching: Applying training methods that involve two-way communications will enable you to make quick adjustments in processes and approaches.
- Practice makes perfect: Interactive instruction enhances the learning process.
- Learner's motivation: Two-way teaching dispels student passivity, and when more students are engaged, you'll have much more fun too.

















#### 4 A model training course for Entrepreneurs

The approach of the training course for Entrepreneurs is more as the journey of the entrepreneur and to support participants setting their business and not teaching them on how to be an entrepreneur. Both Business Advisors and potential entrepreneurs should understand that the main outcome about the project and AE methodology is not to create a business, but to aware people from vulnerable groups about being entrepreneurs in their own life and pathways they can choose for a better life.

Entrepreneurs, as Business Advisors are trained on the **Access Enterprise methodology** – **Co-production.** This means that target groups will contribute to the project as equals. (See above chapter 3).

It is very important for the success of the process, that the selection of the participants in the course is appropriate to the level of the contents. It would be the best that Entrepreneurs in the training course should have the following features:

- Motivation:
- Needs for training;
- Have move forward with an idea:
- Skills and competencies on entrepreneurship, social and civic;
- Changes in mindset/ attitude;
- The way they perceive entrepreneurship;
- Ability to receive support/ feedback;
- Empowerment: the ability to cope/ manage with daily life.

The potential entrepreneurs are recruited from associated partners who support disadvantaged groups and selected based on their motivation to start a business and the ability to accept support and guidance.

Training for entrepreneurs is developing as following:

- Flip classroom;
- Coaching/ mentoring sessions;
- Capacity building workshops.

During the piloting *a Flipped classroom* – the type of blended learning – is used where learners are introduced to content online at home and practice working through it during the face to face meetings, encouraging learners to ask questions, analyze, search for answers and solutions to problems, discuss possible obstacles and challenges, make sure

















if they correctly understood the content, concepts of theoretical material and what ideas they have got for practical use of the material in real life.

More often than not, *mentoring and coaching* are used interchangeably in the business context.

As the approach of the training course for Entrepreneurs is more as the journey of the entrepreneur and support setting their business, *the mentor* has to act as an advisor, counselor, or guide entrepreneurs along the path that can eventually lead to pathways they can choose for a better life.

The training course for entrepreneurs includes:

- Online sessions Self-directed learning working at home-before each face to face session on the topics of each module;
- Face to face sessions:
  - Getting to know each other: Introductory part. Presentation of the participants, their needs, expectation, interest. Training rules. Presentation the structure of Access Enterprise training course, flexible time table, learning materials, methodology and the benefits of knowledge-based innovation and adaptability in their lives;
  - Going through modules;
  - Reflection on the training;
  - Evaluating.

The outcome of piloting is not for starting a business but to have a plan.

















#### 5 Support methods for people from marginalised groups.

In order to increase the motivation of the people from marginalised group to learn as well as to make the training course more learner-friendly and attractive, the following innovative teaching methods are incorporated in the learning modules:

**Coaching.** One of your most important roles is to coach people to do their best. By doing this, the coach helps them make better decisions, solve problems that are holding them back, improve or learn new skills, and otherwise progress their careers. Coaching gives the potential entrepreneur an opportunity to define their



business goals in a realistic way, supports people to progress and to guides them through the journey.

Coaching is generally more structured in nature and meetings and it is scheduled regularly. Coaching is generally not performed on the basis that the coach needs to have direct experience of their client's formal occupational role unless the coaching is focused on specific development areas/issues The agenda is focused on achieving specific, immediate goals.

**Mentoring** - it is a developmental partnership through which one person (mentor) shares knowledge, skills, information, and perspective to foster the personal and professional growth of someone else (mentee). There are two types of mentoring: pair and group. Mentoring may also have many forms: e.g. face-to-face, e-Mentoring, and blended mentoring. Mentors support, courage and open their networks for Mentees. During mentoring on social entrepreneurship, Mentors help Mentees to realise if she could start an enterprise and to help to develop the Personal Plan for further steps.

Mentoring is a very useful and powerful tool to keep learners on the learning process as a mentor could always give good advice and increase the motivation to learn by their personal good achievements. The mentoring is rather popular and has a good image in general.

The Mentor can provide tailored business and technical advice, help set and meet ambitious targets, provide market information and facilitate linkages, promote knowledge sharing and cooperation, and help entrepreneurs identify and take advantage of financial opportunities. The entrepreneurs should be paired with a mentor they can build a strong working relationship with. In addition to individual mentorship, additional group training can be useful to reinforce and build on these more introductory concepts. It is key that this business, empowerment, and leadership training is built on and supported over time to be really effective.

A coach has some great questions to your answers; a mentor has some great answers for your questions.

















More often than not, **mentoring and coaching are used interchangeably** in the business context. That's why at many organizations, a mentor is expected to undertake coaching responsibilities as well.



**Peer mentoring/coaching** is a relationship between people who are at the same career stage or age, in which one person has more experience than the other in a particular domain and can guide, provide support as well as knowledge and skills transfer. effectively transfer.

Sharing lived experience is a powerful way to reduce the impact of trauma and engage in creative problem-solving. In peer support there is no hierarchy and all participants are treated equally and have equal opportunity to contribute.

















#### 6 Evaluation and validation of learning.



The information and knowledge gained from the piloting phase of IO2, is used to measure the impact and evaluate the Access Enterprise Training Modules and Methodology on two different groups at a local level: Business Advisers and the Entrepreneurs themselves:

- To measure the personal skills and professional impact on the Entrepreneurs;
- To measure the personal, social and professional impact on the Business Advisers/Coaches;
- To measure the development of professional competences of both the Entrepreneurs/Business Advisers.

#### Several instruments are used:

- 1. **The Learning Log** instrument addressed to *Entrepreneurs* It is a skills assessment framework documenting the journey of the entrepreneurs, in which they have to describe the training, their expectations before the training, their actual leanings, and how they will apply their learnings. This activity gives an excellent opportunity for the participants to provide feedback to the organizations by demonstrating their critical thoughts about the content used in training
- 2. **The Impact Assessment questionnaires** are used to analyze and measure the potential impact of the Access Enterprise methodology on the personal and professional life of the *Business Advisers/Coaches* and *Entrepreneurs* from marginalized groups. It will help Access Enterprise partnership to plan better, implement more effectively, and successfully bring initiatives to scale. This tool contains six sections each with several questions with a scale of one to five: *Disagree, Partly disagree, Neither agree or disagree, Partly agree, Agree -* to evaluate the changes occurred after the piloting process.

Order	Entrepreneurs	Business Advisors
1	Changes in mindset/attitude	Changes in mindset/attitude
2	Entrepreneurship vision	Perception of vulnerable groups
3	Ability to receive support/feedback	Use of new tools, processes, resources
4	Open-minded ideas	Experience of co-production
5	Empowerment: The ability to cope/manage with daily life	Experience working in transnational context (intercultural)
6	Entrepreneurship skills and competences	Skills and competences

















- 3. **Sorting cards** is used to evaluate the information the *Entrepreneurs* acquired, in which they are supposed to choose four images (cards) that help them define the impacts of the Access Enterprise program in their lives, and then, share with their colleagues. This activity may provide significant insights into the participants' expectations and opinions about the training by gathering information on changes in their entrepreneurship vision associated with their skills and competences and daily life.
- 4. **One minute pap**er is used to gather the *Business Advisors* primary feeling about the training by answering the questions up to 60 seconds:
  - What positive impact do you feel you had on the entrepreneurs?
  - What did you work?
  - What would you have done differently?
  - How has the training experience changed your practice so far? How will it change in the future?















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